



**AMDG  
MOST HOLY TRINITY  
YEAR A  
11 JUNE 2017**



**God loved the world so much that  
he gave his only Son...**

**OPENING PRAYER**

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty.

Today I start my prayer in a familiar way: I make a prayerful sign of the cross. It encapsulates all I believe in, all I try to live for.

I then read the Opening Prayer slowly. It may help me understand something of the mystery of the Trinity, or it may leave me puzzled. Either way, I remember that God can never be fully grasped.

I turn to God, my Father, and ask him to help me see more clearly the actions of Jesus and of the Spirit in my life, so that I can love them more dearly.

I take time to look at the way I proclaim and live out my faith in him in my daily activities. I give thanks and ask for the graces I need to 'bear witness to our faith'.

Calling on the three Persons of the Trinity, I close my prayer in the name of the Father, the Son and the Holy Spirit. Amen.

## SECOND READING: CORINTHIANS 13: 11-13

Brothers and sisters we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss.

All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

*There was disunity in the young Church in Corinth.*

*In urging them to be united, Paul paints what is, in fact, a wonderful picture of the Trinity.*

*It is like a blessed family – united in love and peace. When we pray we are united with, drawn into, that love between God the Father and Jesus, his Son – the Holy Spirit.*

Today a loving family models the Trinity for all to see; its love and example inspires others to love likewise.

As always, I begin my prayer slowly and reverently, aware that the Spirit fills me with that love between the Father and the Son.

As I read the scripture I may imagine I am holding this letter from Paul in my hands. I feel the parchment; I hear his voice talking to me.

I allow one phrase or another to penetrate my being. I wait reverently for God's Spirit to encourage me, perhaps challenge me in a gentle way. But – above all – I ask the Spirit to fill me with the desire to bring the Trinity's love to others in my life.

Who are they...? Those I love and who love me?

Those who are loved by no one and are lonely.

When it is time to end my prayer, I give thanks for all that the Trinity gives me; for this time in the presence of God.

I may like to make a reverent Sign of the Cross.

## GOSPEL: JOHN 3: 16-18

Jesus said to Nicodemus,

“God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God’s only Son.”

*The Trinity is the high point of our faith. When we come to see God, what we will see is the Trinity: the Father, the Son, and the enormous love between them – namely, the Spirit.*

*God does not manage the world from a distance.*

*God is more present to us than we are to ourselves.*

*Through the life, death and Resurrection of Jesus, God has taken the world into his own triune life of love. “God is love”*

The Trinity truly is a ‘mystery’ – God’s presence in a way I cannot fully understand, but wish to be ‘led’ into. Therefore I need to enter this prayer really slowly and with great trust that God will reveal himself to me in his time and in his own way – the way that is best for me.

It is night-time and I join Nicodemus, a leading Jew, who has the honesty to tell me that he is ‘lost’ and longing for light in his ‘darkness’.

I may want to pray for the ‘light’ to know more of the love of God and what is the true meaning of my life.

I watch and listen in awe at Jesus’ words - his gentle encouraging help to Nicodemus.

The Triune God loved *me* so much that they sent not just comforting words, but one of themselves....“God so loved the world ...”

I wait till he turns and talks to me. What happens..?

**Here's a text if you've only got a minute...**

“Anyone who fails to love can never have known God...”

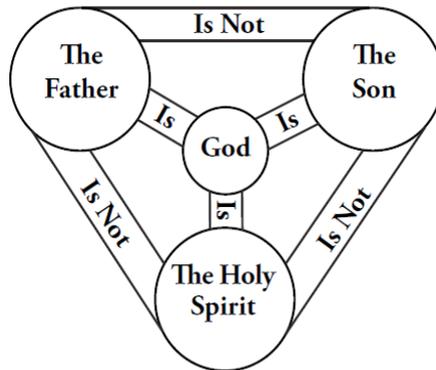
*Gospel, 1 John 4: 8*

Be united; live in peace, and the God of love and peace will be with you.

*Second Reading, 2 Corinthians 13*

God loved the world so much that he gave his only Son,

*Gospel, John 3: 16*



How does this image help me meditate on these readings?

**REFLECTIONS**

What does the week hold for me and how do I feel God may be calling me?

And so, what do I want to ask of God for myself and for others?

Based on Prego by St Beuno's  
Outreach in the Diocese of Wrexham



**LDS**