

## A PRAYER FOR THE FUTURE

Dear Jesus, help us to spread your fragrance everywhere we go.  
Flood our souls with your spirit and life.  
Penetrate and possess our whole being so utterly,  
That our lives may only be a radiance of yours.

Shine through us, and be so in us  
That every soul we come in contact with  
May feel your presence in our souls.  
Let them look up and see no longer us, but only Jesus!

Stay with us and then we shall begin to shine as you shine,  
So to shine as to be a light to others;  
The light, O Jesus will be all from you; none of it will be ours;  
It will be you, shining on others through us.

Let us thus praise you the way you love best, by shining on those around us.  
Let us preach you without preaching, not by our words but by our example;  
By the catching force of the sympathetic influence of what we do,  
The evident fullness of the love our hearts bear to you.

*(Prayer of John Henry Cardinal Newman – a prayer used daily by St Mother Teresa and the Missionaries of Charity)*



*When we pray at Mass we are united with Christ in Glory and with the gathering of His saints and the souls of Purgatory. (T-00042A-0L)*

# OUR LADY OF THE WAY, PRAY FOR US

Mother Mary,  
Be for me an example of surrender and engagement.  
Create within me  
a heart that is honest and pure,  
a heart that offers a haven to others,  
a heart that is generous and resolute,  
ever able to overcome difficulties,  
always ready to begin again  
a humble heart  
that expects everything from Jesus  
your Son and our Lord.  
Amen

*(Prayer to Our Lady in the Jesuit community in Bruges, 1762)*



*The Blessed Virgin Mary, our Mother, prays for us continually, and helps those we entrust to her care, including the Holy Souls. (T-01513-01)*

Visit the Spirituality website: [pathwaystogod.org](http://pathwaystogod.org)

LDS

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